

Boaz Trust- Donations wish list

We recently asked some of the people from our houses what they would like to receive in future food / household parcels. These answers may be helpful for anyone who is thinking about donating food, toiletries or household goods to Boaz at any time of year. Bulk products would be really appreciated e.g. large sacks of rice or veg, as they can be 'broken down' for distribution.

Dried food / tins

- Rice
- Self raising flour
- Sugar
- Semolina
- Dried pasta
- Lentils / Chick Peas
- Other pulses / beans (dried or tinned)
- Salt / Pepper
- Herbs / spices
- Tinned tomatoes
- Dried fruit (raisins, sultanas, dates...)
- Tea / Coffee
- Tinned fish (tuna, sardines, pilchards)
- Corned beef
- Stock cubes

Fresh food*

- Tomatoes
- Potatoes
- Onions
- Carrots
- Green chilli peppers
- Salad /Spinach
- Almost any fresh veg!
- Fresh fruit
- Lamb*
- Chicken*
- Eggs*
- Cheese*
- Butter / margarine*
- Bread*

Liquids

- Vegetable oil
- Milk
- Orange juice
- Apple juice

Household

- Soap
- Toilet rolls
- Washing up liquid
- Washing powder
- Fabric conditioner
- Bin bags
- House cleaning stuff (cloths, spray cleaners, polish etc)
- Toilet cleaner
- Bleach

Personal

- Sanitary towels
- Shower gel
- Shampoo
- Soap
- Hair Conditioner
- Tooth brushes
- Toothpaste
- Disposable razors
- Shaving foam / gel

And finally...

- Biscuits, chocolate and nuts... are always popular

** Please note we do not have the capacity to store large amounts of fresh produce- if you would like to donate large amounts of meat or other perishable products, please contact the office first!*

Common gifts we receive which are sadly not so popular include:

- Pork based products (e.g. hotdogs, Spam...)
- Tins of 'ready meals' e.g. meat curry or chilli con carne etc.
- Tinned or packet soup
- Tinned pasta (spaghetti hoops, ravioli, macaroni cheese etc.)
- Food that is past it's sell by date (you'd be surprised how many donations we have to throw away because they are already at least several months out of date...)

Some of our clients have specific dietary needs, for example due to diabetes or because of their religious or cultural background. If you have any questions at all please don't hesitate to contact the office on 0161 202 1056